



**MQ-020106**

Seat No. \_\_\_\_\_

**First Year Post Basic B. Sc. (Nursing)**

**Examination**

**January - 2018**

**Nursing Foundation & Nutritional Dietetics**

Time : 3 Hours]

[Total Marks : 75

**SECTION - I  
(Nursing Foundation)**

- 1 Long Essay : (any two) 10×2=20**
- 1 a) Code of ethics and professional conduct for nurses  
b) Ethical and legal issues in Nursing
  2. a) Define Nursing process  
b) List the stages of nursing process  
c) Discuss the assessment Step in detail.
  - 3 a) Explain Nightingale's Theory  
b) Explain Orem's Theory
- 2 Short Essay (Any three) 3×5=15**
- a) Levels of Disease Preventions
  - b) Stages of Illness and Behavior
  - c) Indian' Nursing council.
  - d) Holistic Nursing.
  - e) Community oriented nursing.
- 3 Very short answer : (any five) 5×2=10**
- a) Nursing Audit
  - b) Autonomy
  - c) Progressive patient care
  - d) Team nursing
  - e) Quality assurance
  - f) Nursing standards.

**SECTION - II**  
**(NUTRITION AND DIETETICS)**

- 1 Explain the sources, requirements and functions of carbohydrates.  
Add a note on digestion of carbohydrates.

**OR**

- 1 What is Nutrition ? And what is Dietetics? **2+2+6=10**  
Enlist methods of assessing nutritional status of an individual  
/group/community. Explain Nutritional Problems of India.
- 2 Write short notes : (any two) **2×5=10**  
(a) Implementation of National Nutrition Policy.  
(b) Narrate the classification of food in detail.  
(c) Explain deficiency of vitamin A in children.  
(d) Discuss the role of nutrition in maintaining health.
- 3 Briefly answer following : (any five) **5×2=10**  
1) Define macro and micro nutrients with examples.  
2) Advantages of School Lunch Programmes of India.  
3) What do you mean by BMR?  
4) List any four major steps in planning balance diet.  
5) List the functions of protein.  
6) Write the full form of CARE and FAO.
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